



Pilke-Clinic (www.pilkeklinikka.fi)

Nurture and Play **– mentalizing based parent-child** **interaction intervention**

Nurture and Play – parent-child intervention is a short-term intervention based on Theraplay-therapy and mentalizing theory. Through active, playful interaction sessions utilizing embodied mentalizing, e.g., reciprocal activities focusing on synchronicity and mirroring, and explicit mentalizing through reflective videofeedback with the parents.

Nurture and Play can be delivered to one parent-child dyad, family setting (Nurture and Play- Family) or in a group, starting already in pregnancy (Nurture and Play- Group). It is designed as an easily delivered preventive intervention applicable to be used in various settings (home visits, clinical settings).

In Nurture and Play there are ca. 6 meetings with the family. The age group is between 0–7.

This 2-day training will prepare the participants to be able to conduct intervention in their clinical settings.

Dates: 6–7.02.2017

Venue: Oslo, Norway

Cost: 700 euro

Trainers:

Saara Salo, PhD, clinical psychologist, licenced psychotherapist, Theraplay-Trainer/Supervisor

Hanna Lampi, OT, licenced family therapist, Theraplay-Trainer/Supervisor

For mer informasjon og påmelding:

www.theraplay.no